



सोवरस् एक्सन
SOWERS ACTION
Nepal

Non-Profit | Non-Political | Non-Religious

Annual REPORT

FY 2024-2025 AD

FY 2081-2082 BS



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Acknowledgement

Sowers Action Nepal extends its heartfelt gratitude to all individuals, organizations, and partners whose generosity and collaboration made our work possible during the 2024–25 reporting period.

We particularly acknowledge Sowers Action Hong Kong as our strategic partner. Their guidance, support, and close collaboration have been central to the planning, funding, and implementation of our programs and administrative operations. Through this partnership, we have strengthened our ability to reach children, youth, and families across Nepal, delivering education, community development, disaster relief, and health initiatives more effectively. Together, we continue to explore innovative approaches, expand opportunities, and enhance the overall impact of our work.

We are also grateful to the Social Welfare Council for its guidance, recommendations, and regulatory oversight, which challenge and support us in continually improving our project implementation and institutional processes.

We sincerely thank the local municipalities and community authorities for their cooperation, facilitation, and on-the-ground collaboration. Their support is essential to the successful implementation of our programs and to ensuring that our interventions remain responsive to local needs and priorities.

Finally, we extend our sincere appreciation to our donors, volunteers, and well-wishers, whose generosity, time, and commitment have directly contributed to transformative change in the lives of the communities we serve. Your goodwill inspires us to continually improve, expand our programs, and create lasting impact.

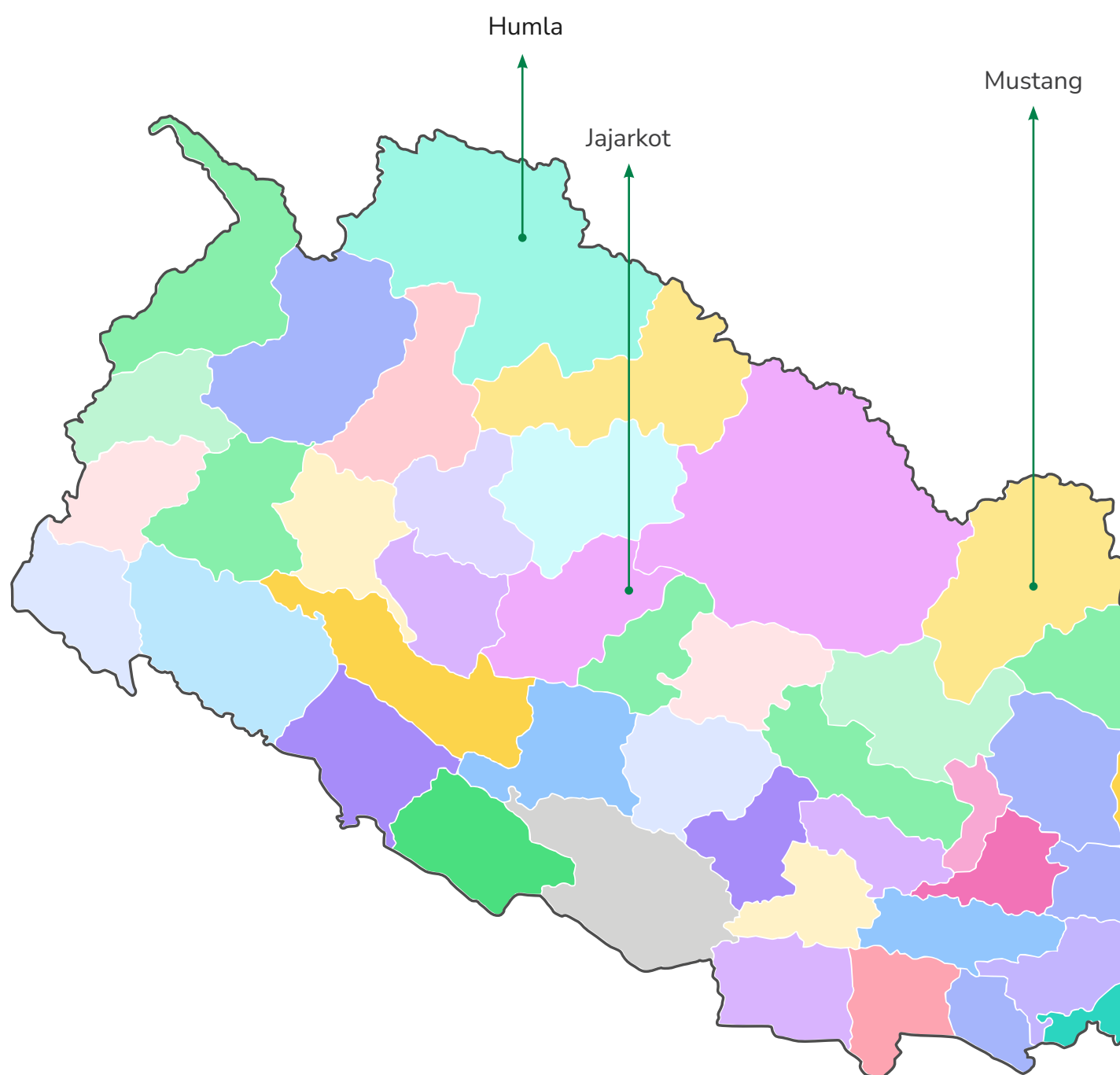
As we look ahead, we remain dedicated to nurturing young leaders, strengthening educational opportunities, and building resilient, thriving communities across Nepal.

DONORS

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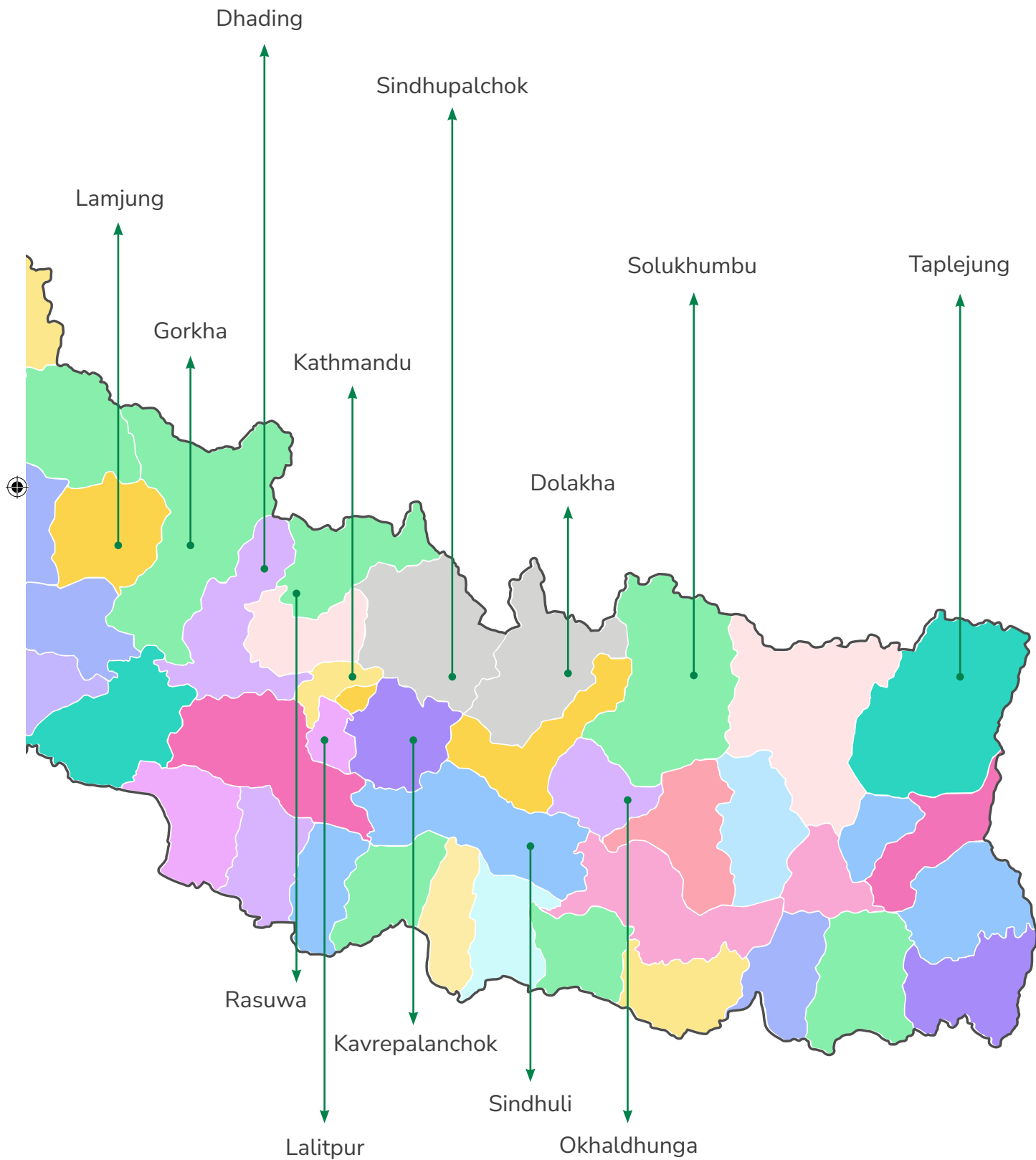
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Note: The map only indicates the locations our projects have been implemented in FY 2081-2082 (2024-2025)



Provinces Reached: 4 / 7
Districts Reached: 16 / 77





MESSAGE FROM THE CHAIRMAN

It is with great personal pleasure that I share with you the Annual Report of Sowers Action Nepal - a reflection of a year filled with meaningful progress, partnership, and purpose. As I look back, I am deeply moved by the compassion, dedication, and collective effort that drives our mission - to bring education, opportunity, and hope to communities across Nepal.

This year, our work has touched lives in ways that go far beyond the numbers. Children now rush to our libraries after school, eager to explore, learn, and grow. In remote classrooms, students sit warmer thanks to the jackets we provided, and solar lights brighten spaces where learning can truly thrive.

Families carry renewed hope, facing tomorrow with strengthened resolve. These moments - small, yet profound - remind me why we do what we do.

As you read this report, I hope you sense the impact behind every program, the dedication behind every initiative, and the compassion that guides every decision. Behind every figure, behind every page, are stories of resilience, optimism, and quiet transformation. If you can feel that, I would be truly grateful.

This Annual Report is more than an institutional record. It is an expression of our journey, our gratitude, and our commitment - to what we do, what we have achieved, and how we have done it, together with our partners, collaborators, supporters, and well-wishers.

At Sowers Action Nepal, our resolve remains strong. We are committed to deepening our impact, expanding opportunities, and nurturing communities across the country. On behalf of our entire team, thank you for your trust, your support, and your belief in our work.

PASANG WANDI SHERPA

FOUNDER / CHAIRMAN





OUR JOURNEY & WHO WE ARE



Sowers Action Nepal was born from a shared dream between friends in Hong Kong and Nepal - a dream to sow seeds of hope where opportunities were scarce. Guided by the vision and long-standing commitment of Sowers Action Hong Kong, our journey began with a simple yet powerful belief: that education has the power to transform lives and uplift entire communities.

Since our establishment in February 2022, we have worked hand in hand with Sowers Action Hong Kong to extend educational support, essential infrastructure, and life-changing opportunities to underserved communities across Nepal - particularly in the remote mountainous and rural regions. What began as a small initiative inspired by compassion and a belief in the power of learning has now grown into a collective movement for community transformation.





While education remains at the heart of our mission, we understand that true progress requires more than classrooms. That's why we complement our educational efforts with community development, healthcare services, and disaster relief initiatives - building resilience and fostering hope where it's needed most.

Our mission is simple yet profound: to uplift lives through education, health, and sustainable development, ensuring that every individual - no matter where they are born - has access to opportunities for a better future.

Guided by our core values of transparency, accountability, and service, we collaborate closely with local communities, partners, and supporters. Every act of generosity - whether time, skill, or resources - directly strengthens our initiatives and helps transform today's challenges into tomorrow's brighter possibilities.

**“The seeds
we sow today
will grow into
the forests of
tomorrow.”**





MISSION

“To uplift communities across Nepal through education, healthcare, and sustainable development grounded in equity and long-term impact.”



VISION

“A Nepal where every individual, regardless of background, has access to quality education, supportive communities, and the opportunity to lead a dignified, empowered life.”





OUR CORE VALUES

Accountability:

We are responsible stewards of the trust, time, and resources entrusted to us.

Sustainability:

We aim for long-term solutions that empower communities to become self-reliant and resilient.

Compassion:

We act with empathy and care, guided by a genuine motivation to serve those most in need.

Integrity:

We uphold honesty, fairness, and transparency in everything we do.

Collaboration:

We believe in the power of partnerships - working hand in hand with communities, partners, and supporters to create lasting impact.

OUR IMPACT AT OUR GLANCE

Total Projects

13 

Districts Covered

16+ 

Direct Beneficiariess

Over 8,000 individuals
(Students, Families,
and Communities)



KEY SDGS ADVANCED

3

Good Health
and Well Being



4

Quality
Education



5

Gender
Equality



11

Sustainable
Communities



13

Climate
Action



17

Partnerships
for the Goals





EDUCATION

LANGUAGE CLASS PROGRAM OVERVIEW

WINNIE LAM LIBRARY PROJECT OVERVIEW

SOWERS ACTION SCHOLARSHIP

SOWERS ACTION DAY CARE CENTER



LANGUAGE CLASS PROGRAM OVERVIEW

Location: Sowers Action Community Center, Gokarneshwor-08, Kathmandu

Total Beneficiaries: 348 / 4 sessions (~87 students per session)

Programs Offered:

- Free Mandarin (Chinese) Language Class
- Free Adult English Literacy Class



The Free Language Class initiative was established to address the growing demand for language proficiency among Nepalese youth and adults. Given Nepal's unique geopolitical positioning between two major economic powers-China and India-the ability to communicate in their languages provides a significant competitive advantage in the job market and enhances access to emerging opportunities.

In Nepal, the gap in Chinese language proficiency is particularly pronounced. While private institutions have increasingly offered Mandarin courses, these often come with prohibitively high fees. Recognizing language as both an economic bridge and a tool for empowerment, Sowers Action Nepal launched the Free Mandarin Class to ensure that financial limitations do not prevent motivated individuals from acquiring this valuable skill.

Following the strong demand for Mandarin and the broader need for accessible education, the project expanded to include a Free Adult English Literacy Class. This program primarily serves adults - especially mothers - who were unable to attend or complete formal schooling due to personal or socioeconomic circumstances. Many of these learners expressed challenges in navigating a rapidly digitizing world, supporting their children's studies, avoiding scams, and managing modern devices. The Adult English Literacy Class was therefore created to build foundational reading, writing, and digital literacy skills using English as the medium of instruction.

Class Structure

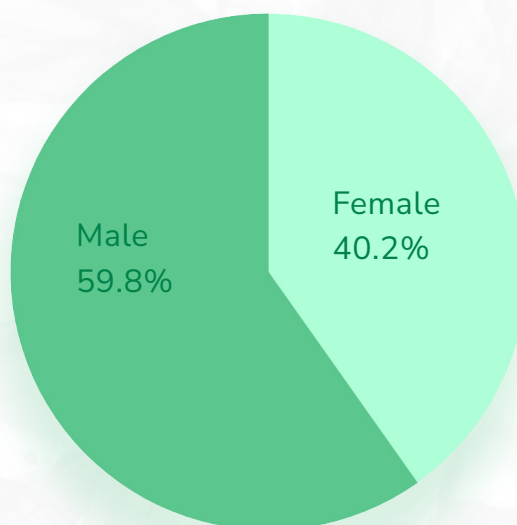
Both programs follow a structured three-level curriculum: Basic, Intermediate, and Advanced, each spanning a three-month period.

For Mandarin learners seeking deeper linguistic proficiency, an additional Hanzi (Chinese character) class is offered to support reading and writing development

Stories of Impact: Dorje

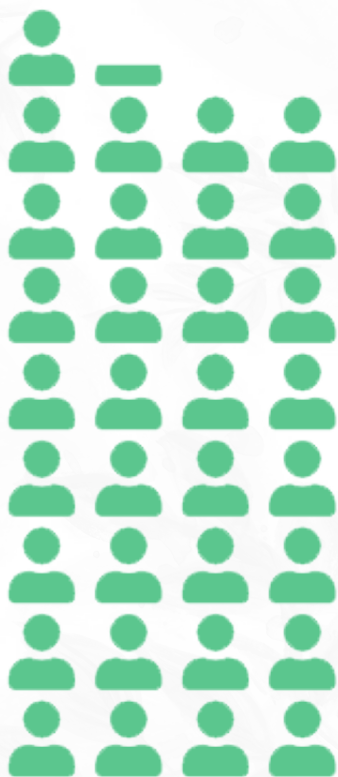
"When Dorje first joined our Chinese language classes, he was working long hours as a waiter, with limited opportunities for professional growth. Despite a demanding schedule, he committed himself to learning Mandarin, attending classes consistently and practicing beyond the classroom. Over time, his language skills - and his confidence - grew steadily. Today, Dorje works full time as a professional translator, traveling globally - a stark contrast to his previous job. His journey illustrates how access to free, structured language education can lead to meaningful career transformation and skilled employment"

Reached by Sex



Community Reached

333



Janajati



1

Madhesi

1

Dalit

13



Khas Arya

0

Muslim

0

Others

Note: = 10 ppl



WINNIE LAM LIBRARY

PROJECT OVERVIEW

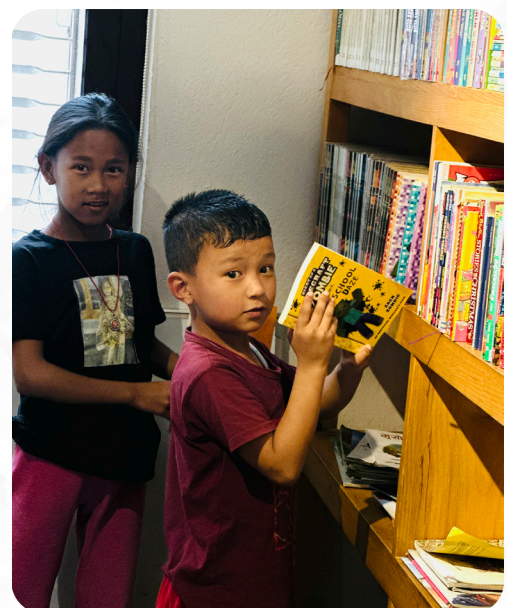
The Winnie Lam Library continues to serve as a vital learning and community resource for children, youth, and adults in Gokarneshwor. Established to promote a reading culture and provide equitable access to educational materials, the library has become a reliable hub where visitors can read, study, access digital resources, and participate in community-based learning activities.

As educational demands evolve and students increasingly require conducive study environments, the library has grown into a trusted space that supports academic preparation,



personal enrichment, and digital literacy. For many local families, it offers a safe, quiet, and structured environment that they do not have access to at home.

In addition to its core reading and study services, the library frequently hosts workshops, small-group learning sessions, book clubs and youth development activities. The presence of trained volunteers and interns ensures that visitors receive guidance in selecting reading materials, navigating resources, and building healthy learning habits.





Services and Facilities

- Access to children's, youth, and adult reading materials
- Quiet study space with comfortable seating
- Free Computer and internet access
- Support from trained Librarian, volunteers and interns
- Reading promotion activities and community learning sessions

Stories of Impact

The impact of the library is best reflected through the individuals who use it daily - students preparing for exams, mothers learning alongside their children, and young readers discovering new interests.

Anecdote:

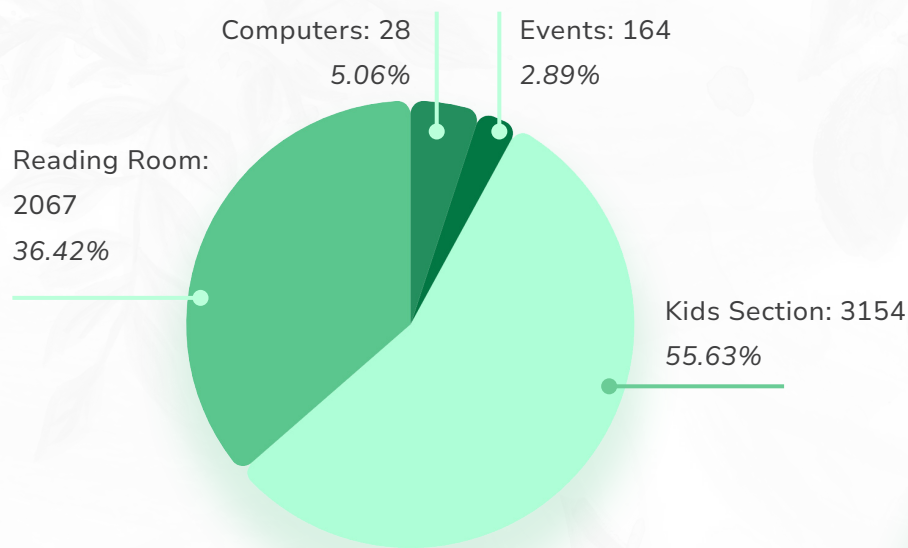
"Bibek Thakur | Grade 8 – " I live in a family of 9 people in two rooms, so it is very difficult for me to study at home. However, after finding out about Winnie Lam library and coming here, I now have space to study and moreover, I also now have access to reliable internet and a computer, which has been a big help. "

LIBRARY UTILIZATION & REACH

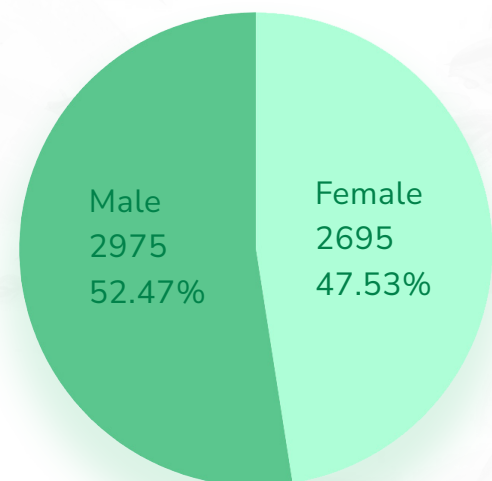
With 5,670 recorded visitors this year - an average of 67 individuals per day - the Winnie Lam Library demonstrates strong and consistent community demand. Users range from primary school students to working adults, reflecting its broad relevance across age groups and educational backgrounds.

Daily usage trends also indicate strong repeat visits, suggesting that the library is not merely a facility but an integral part of many visitors' learning routines.

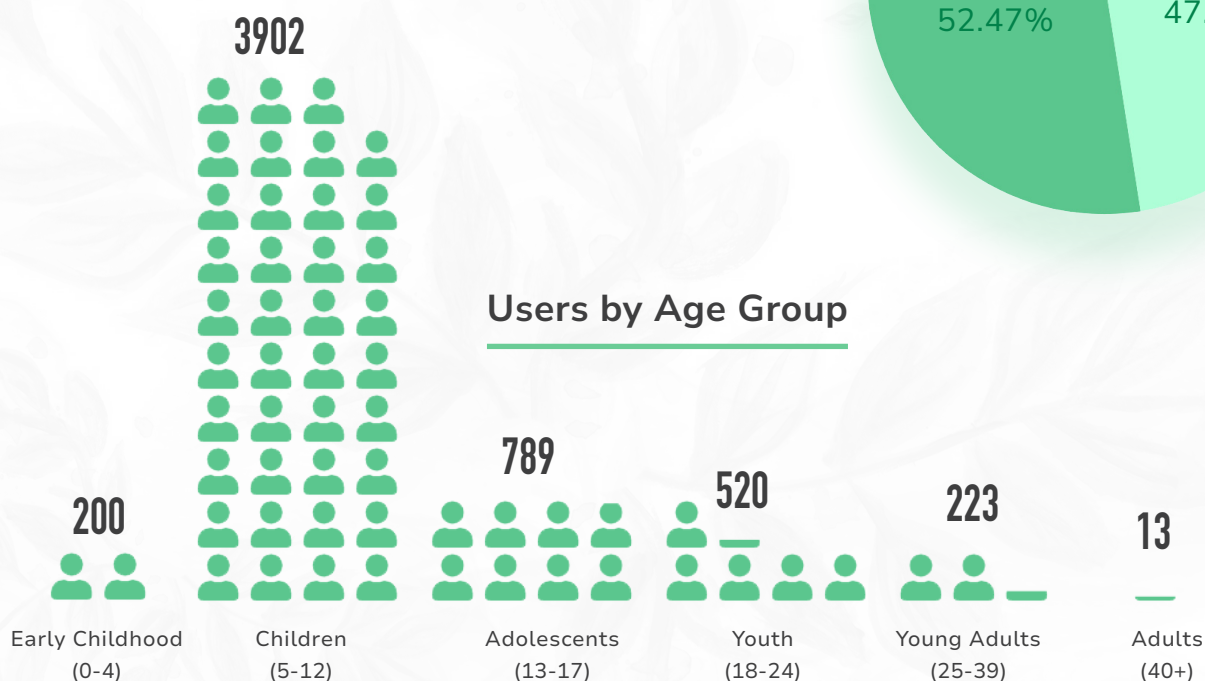
Users by purpose



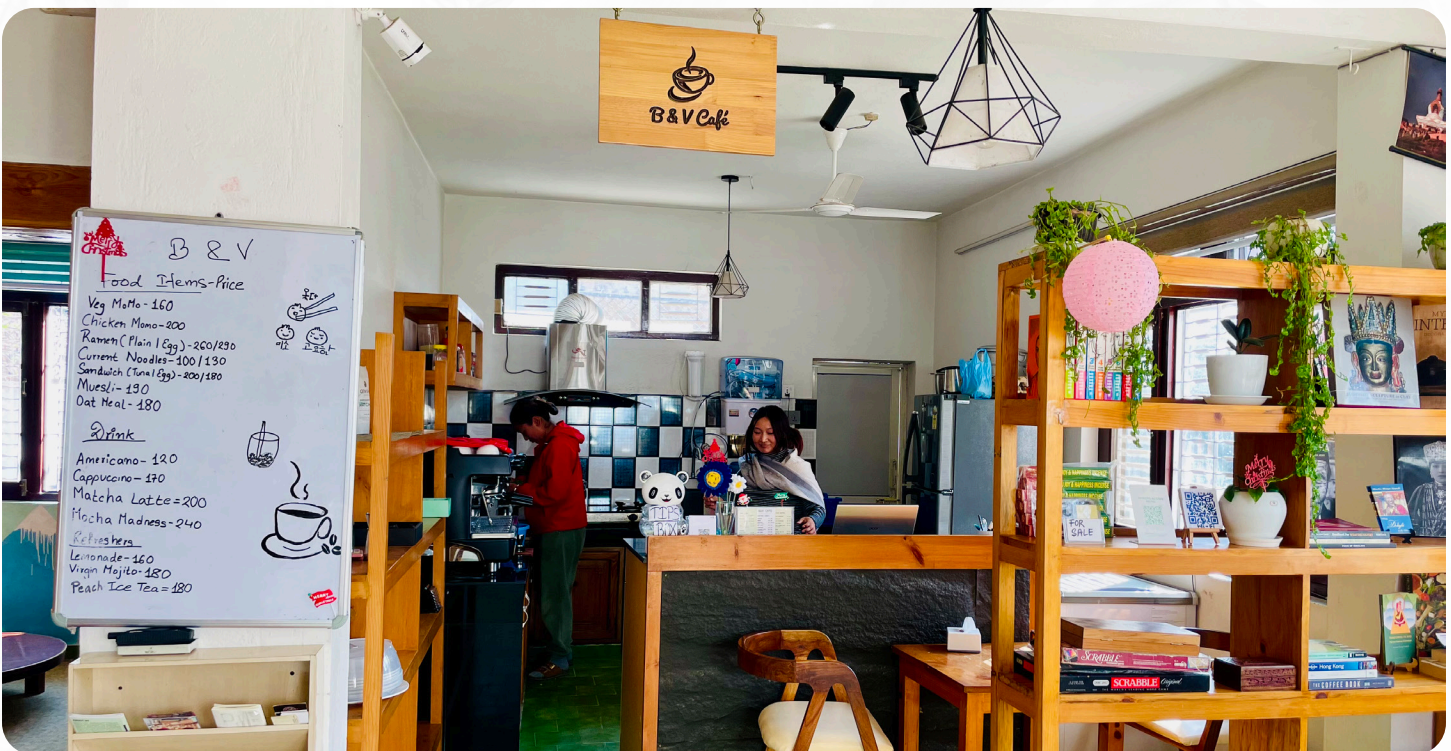
Users by Sex



Users by Age Group



Note: = 100 ppl



SOWERS ACTION SCHOLARSHIP

Implementation partner: 100 Group and Routine of Nepal Bandha

Project Components:

- Sowers Action Girls hostel | Located: Sundartol, Boudha 06, Kathmandu
- 100 Group Boys Hostel | Located: Guheshwori, Kathmandu



The Sowers Action Scholarship Program is a fully funded, residential education and leadership initiative that supports academically capable students from remote and disadvantaged communities across Nepal. The program enables students to complete Grades 11 and 12 in Kathmandu by removing financial, geographic, and social barriers to education while fostering holistic development.

This year, 22 boys and 3 girls were promoted to Grade 12, demonstrating continued academic perseverance among our students. To strengthen the pipeline, we also admitted 20 new boys and 15 new girls into Grade 11, ensuring that more young people from disadvantaged areas can access higher secondary education and supportive living conditions.

A key highlight of the year is the establishment of Sowers Action Nepal's first independently operated Girls Hostel, which provides a secure, supportive environment specifically designed for female students pursuing their Grade 11 and 12 studies. Meanwhile, the Boys Hostel remains operated by our implementation partner, 100 Group, with Sowers Action Nepal providing programmatic guidance and leadership training support and full financial support for operation. Together, these hostels form the backbone of commitment to holistic student development.



Our hostels are deliberately structured to be more than accommodation facilities. They are learning communities where students grow academically, socially, and personally. Central to this approach is our Leadership Development Program, implemented through three practical models:

- **Toastmasters Model** – Students strengthen their public speaking, articulation, confidence, and presentation skills through regular speaking sessions and feedback practices.
- **Student Council** – A participatory governance platform that empowers students to represent their peers, raise concerns, propose improvements, and take part in shaping the hostel's environment and culture.
- **Social Service Group** – A values-based initiative that fosters gratitude, empathy, and civic responsibility by engaging students in meaningful community service activities.

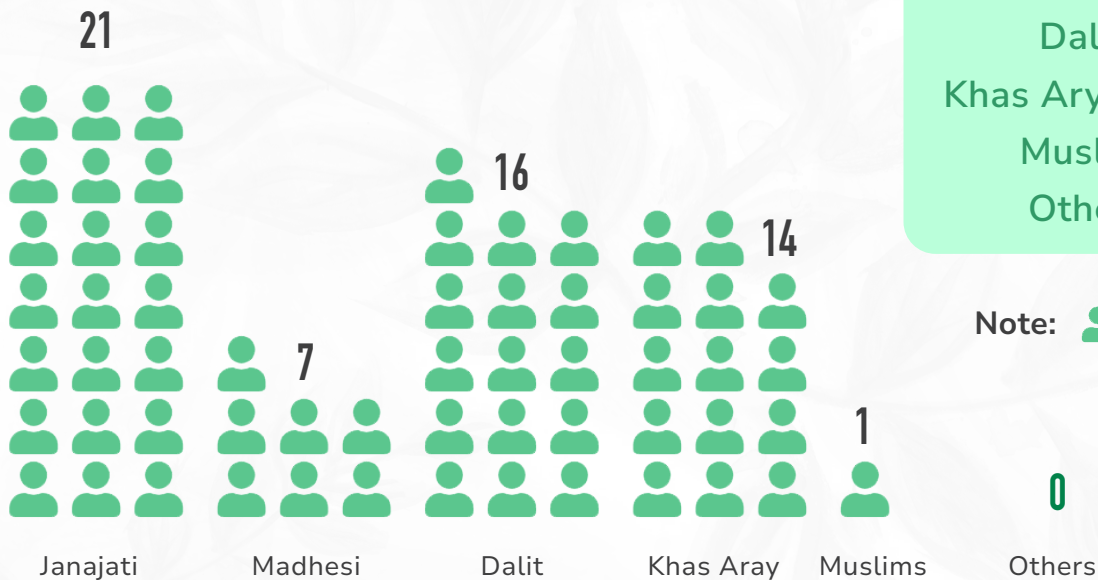


These components work together to ensure that each student learns to lead, collaborate, and contribute, complementing their academic education with essential life and leadership skills. Through this scholarship, Sowers Action Nepal continues to nurture young leaders who are confident, responsible, and committed to creating positive change in their communities.



Boys and Girls Total

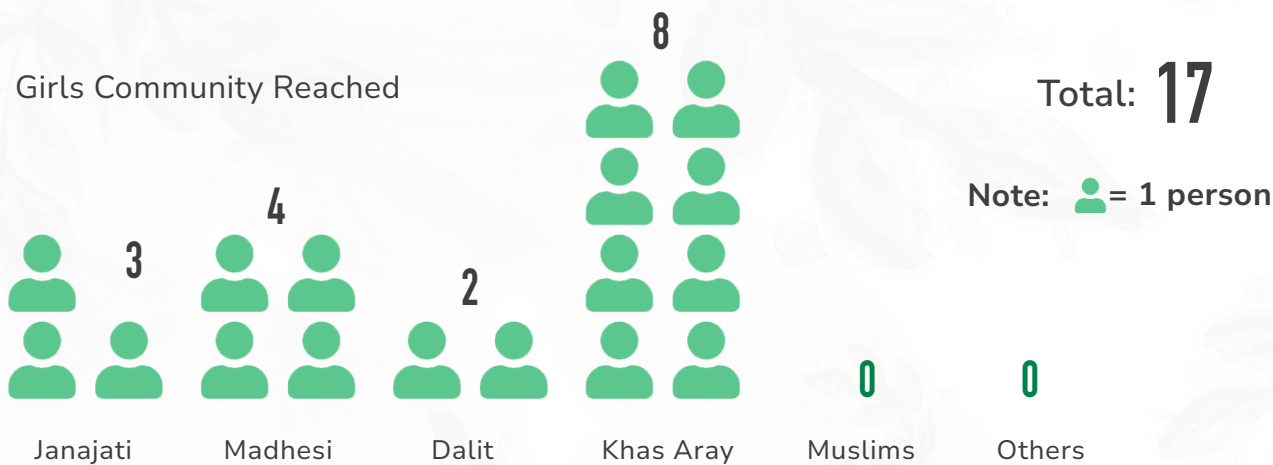
59



Janajati: 35.59%
Madhesi: 11.86%
Dalit: 27.12%
Khas Aray: 23.73%
Muslim: 1.69%
Others: 0.00%

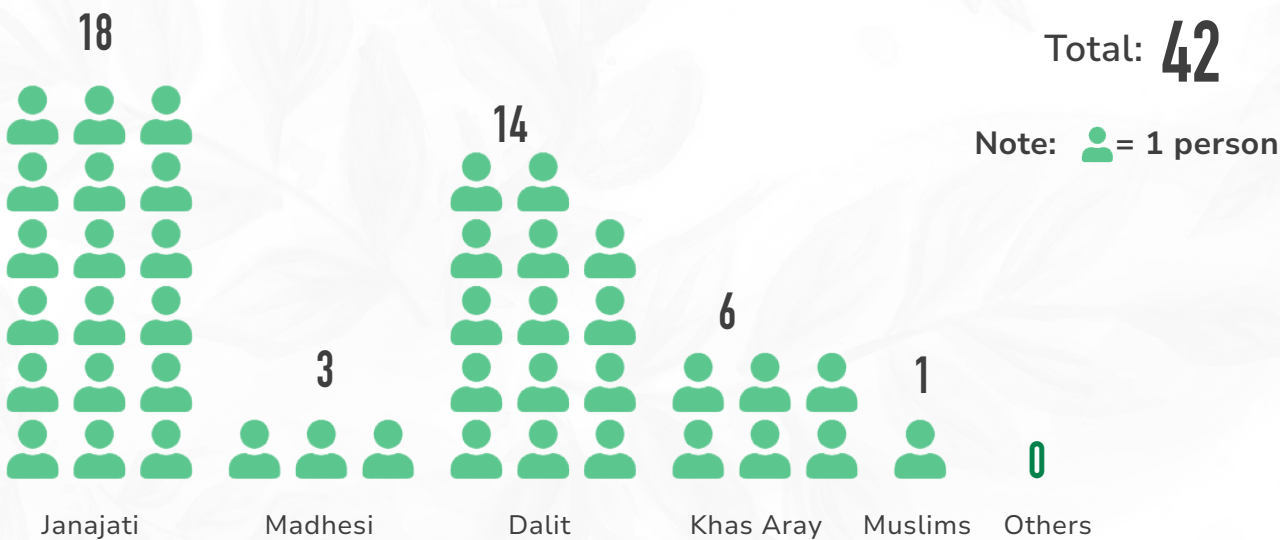
Girls Community Reached

Total: 17



Boys Community Reached

Total: 42





SOWERS ACTION DAY CARE CENTER

Implementation Partner: CWARDS

Total Beneficiaries (2024–25): 50 children (ECD: 25 & KG: 25)

Location: Kageshwori Manohara, Kathmandu



The Sowers Action Daycare Center, operated in partnership with CWARDS, provides a safe, nurturing, and developmentally appropriate learning environment for children whose families face heightened socio-economic challenges. The center primarily serves the children of street vendors, carpet weavers, construction workers, and daily-wage labourers - parents whose workplaces are often unsafe and prone to accidents, making reliable childcare essential.

Purpose and Rationale

Many children from such backgrounds lack access to early childhood education or structured care, which places them at a disadvantage by the time they enter formal schooling. Without foundational exposure to early learning, they risk falling behind in literacy, numeracy, socialization, and classroom readiness.

The Sowers Action Daycare Center addresses this gap by providing:

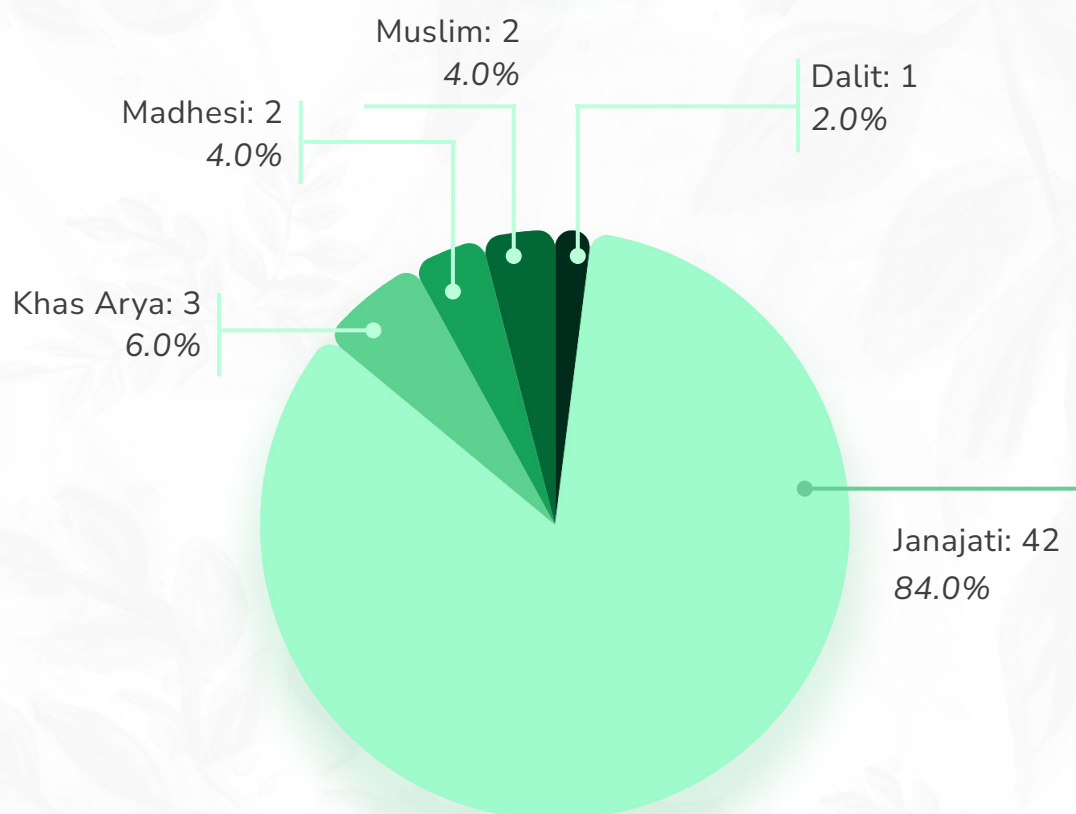
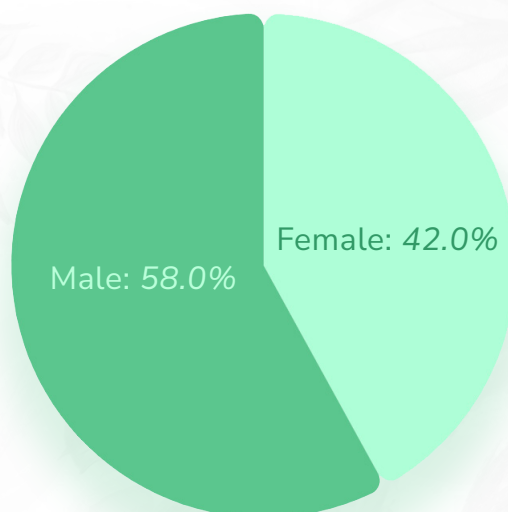
- **A safe and protective environment** during working hours
- **Early Childhood Development (ECD) learning activities** tailored to cognitive, emotional, and social growth
- **Nutritional support**, ensuring children receive the care and attention needed for healthy development
- **School-readiness preparation**, enabling children to transition confidently into Grade 1 alongside their peers
- **Support for working parents**, especially mothers, allowing them to pursue income-generating activities without compromising their children's safety

Impact 2024–25

This year, the center supported 50 children, ensuring that each child received the care, stability, and early learning opportunities that are critical during the formative years. As a result, these children are better prepared for formal schooling and less likely to be left behind in the early stages of their education.

Through this initiative, Sowers Action Nepal and CWARDS continue to strengthen early childhood development among vulnerable communities, promoting equitable access to learning and supporting working families in structurally challenging environments.

Daycare by Sex



Daycare Children by Communities Reached





HEALTH

SANITARY PADS PROJECT

HOT MEAL PROGRAM



SANITARY PADS PROJECT

Program Overview

The Sanitary Pads Distribution Project is part of our broader effort to ensure that all students, regardless of gender or socioeconomic status, have the necessary tools to succeed in their education. By addressing menstrual hygiene needs, we help young girls focus on their studies without the barriers posed by a lack of resources.

Our objective is to provide menstrual hygiene products to underprivileged female students, promoting their health, safety, and overall well-being, while ensuring that they can attend school without interruption due to menstrual hygiene challenges.

Impact

The Sanitary Pads Distribution Project has successfully improved health and hygiene practices among the participating students. As a direct result, school attendance has significantly increased, as female students no longer miss classes due to a lack of sanitary products. Moreover, the initiative has enhanced the confidence and dignity of young girls, empowering them to pursue their education without fear of stigma or embarrassment. By fostering a more inclusive and supportive environment, this project contributes to the overall well-being of these students, enabling them to thrive both academically and socially.

Beneficiaries:

- **Padma Gatsal Choiling School**

Beneficiaries: 300

Location: Kageshwori Manohara, Kathmandu

- **Ngagyur Memorial School**

Beneficiaries: 318

Location: Chandragiri Municipality, Kathmandu



HOT MEAL PROGRAM

Program Overview

In 2020, the Government of Nepal launched the National Mid-Day Meal Program to provide free, nutritious meals to students up to Grade 5 nationwide. While the initiative has contributed significantly to reducing malnutrition and dropout rates among younger students, similar challenges persist for students in Grades 6–12. In many remote and semi-remote areas, students are required to return home during lunch breaks, resulting in reduced attendance, fatigue, and diminished academic performance.

To address this gap, Sowers Action Nepal initiated the Hot Meal Program, with the objective of ensuring access to nutritious meals for students across all grade levels. The program aims to improve attendance, concentration, and overall learning outcomes by enabling students to remain on school premises during the school day.

Under this initiative, SA Nepal provides a subsidy of NPR 22.5 per student per day, empowering schools to prepare and serve meals to students not covered by the government's National Mid-Day Meal Program. Since its implementation, participating schools have reported notable improvements in student attendance, punctuality, and classroom engagement.

Beneficiaries:

● Shree Laxmi Narayan Sec. School

Beneficiaries: 168

Location: Namobuddha Municipality-1, Shyampati, Kavre

● Shree Jhirpu Secondary School

Beneficiaries: 355

Location: Bhotekoshi-4, Sindhupalchok District, Nepal

Impact Story

"Before the introduction of the Hot Meal Program, many students came to school on an empty stomach. As the school nurse, I regularly treated children suffering from gastritis, and it was common for students to visit the clinic for stomach-related medication during school hours. These health issues often affected their ability to concentrate and participate fully in class. Since the Hot Meal Program began, I have observed a significant reduction in gastritis cases among students. Clinic visits for stomach-related complaints have decreased noticeably, and students now appear healthier and more energetic."

- Dhan Maya Kasuri | School Nurse







DISASTER RELIEF

FLOOD RESPONSE

Permanent Housing Support

GLOF RESPONSE



FLOOD RESPONSE

1. Flood Response to Continuous Rainfall (2024)

Location: Kavre, Lalitpur, Panauti, Godawari, and Mandandeupur-10

Following severe flooding caused by continuous rainfall from 26–28 September 2024, Sowers Action Nepal (SA Nepal), in partnership with Sowers Action Hong Kong (SA HK), implemented a targeted flood relief response across affected areas of Lalitpur, Panauti, Godawari, and Kavre. The floods caused widespread damage to homes and livelihoods, significantly impacting community well-being.

The initial response supported 397 households (approximately 1,588 individuals), with relief distributions conducted at accessible ward-level locations in coordination with local authorities. Each household received essential relief items, including food supplies, blankets, hygiene materials, and solar lights to address immediate needs. Procurement was guided by market assessments in Kathmandu, Dhulikhel, and Banepa to ensure cost-effectiveness and responsible use of donor funds.

A second phase of flood relief was conducted on 1 January 2025 in Mandandeupur-10, Kavre, reaching an additional 300 beneficiaries with continued recovery support.





Permanent Housing Support: Thapa Family Namo Buddha-01, Kavre

As part of its commitment to long-term recovery and dignity for disaster-affected families, Sowers Action Nepal supported the reconstruction of a permanent house for the Thapa family in Namo Buddha-01, Kavre, who lost their home during landslide. Tragically, the disaster also claimed the lives of two children-a son and daughter-who were students at Laxmi Narayan School.

The family has since been safely relocated and resettled in their new residence, providing them with secure shelter and a stable living environment with the handover program conducted in July 13, 2025.



GLOF RESPONSE

GLACIAL LAKE OUTBURST FLOOD

**Thame (Solukhumbu), Beding (Gaurishankar-09, Dolakha),
and Limi (Humla)**

In response to Glacial Lake Outburst Floods (GLOFs) that damaged or swept away electricity grids in high Himalayan communities, SA Nepal provided solar lighting support as an immediate resilience measure. These climate-related events, increasing in frequency across Nepal's Himalayan region, left communities without access to power.

Solar lights were distributed to 150 beneficiaries in Thame, 40 in Beding, and 23 in Limi during 2024–2025. The intervention restored basic lighting, improved household safety, and supported daily activities in off-grid and disaster-affected areas.

Together, these flood and GLOF responses reflect SA Nepal's commitment to timely humanitarian assistance and climate-responsive disaster resilience across vulnerable communities in Nepal.





COMMUNITY DEVELOPMENT

WINTER JACKET DISTRIBUTION

SENDING WARM LOVE 2025

SOLAR LIGHT INSTALLATION FOR SCHOOLS



During the 2024–2025 reporting period, Sowers Action Nepal implemented community development initiatives focused on improving basic living conditions, access to services, and resilience among vulnerable communities.



WINTER JACKET DISTRIBUTION

SENDING WARM LOVE 2025

Location: Sindhupalchok, Dhading, Sindhuli, Okhaldunga, Jajarkot, Taplejung, Rasuwa, Gorkha, Lamjung, Kathmandu, and Mustang

Sowers Action Nepal carried out a large-scale winter jacket distribution across 11 districts and successfully reached 4,931 beneficiaries. The initiative supported communities exposed to harsh winter conditions, particularly in high-altitude and cold-prone areas, reducing vulnerability to cold-related health risks.

SOLAR LIGHT INSTALLATION FOR SCHOOLS

Location: Benighat Rorang–09, Dhading

As part of its education-focused community development efforts, Sowers Action Nepal installed 9 solar lighting units across two schools in Benighat Rorang–09, Dhading. The primary beneficiaries were students from the Chepang community, a historically marginalized group with limited access to reliable electricity.

The installation improved classroom lighting, enhanced safety, and supported better learning

conditions, particularly during low-light hours, contributing to a more inclusive and supportive educational environment.

Through these initiatives, Sowers Action Nepal continued to address immediate community needs while promoting longer-term resilience and equitable development.





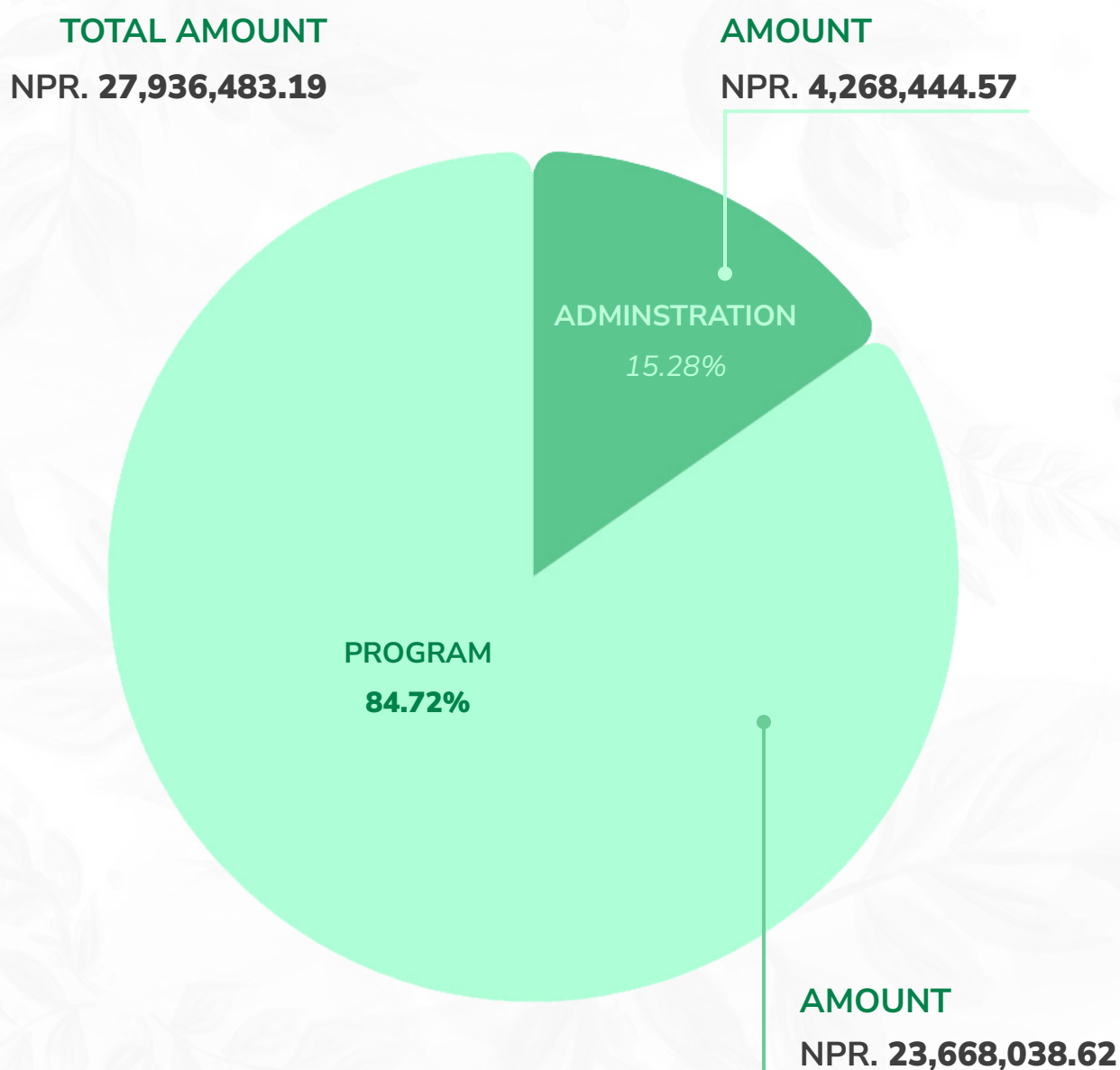
FINANCE



1. Overview Narrative

In FY 2081–82, Sowers Action Nepal continued its commitment to channelling the majority of its funds directly into impactful programs. Out of the total expenditure, ~ 85% was allocated to project activities that directly benefitted communities across Nepal, while only 15% was used for administrative and operational support - reflecting our strong focus on efficiency and transparency.

This year, we managed over NPR Twenty Seven Million in program implementation, reaching students, schools, and families across six districts. Our financial stewardship ensured that every rupee was used strategically - whether to sustain education programs, expand disaster response, or strengthen community resilience.





EDUCATION:

TOTAL: NPR 9,442,308.44

- ADMIN: NPR 20,202.02
- PROGRAM: NPR 9,422,106.42

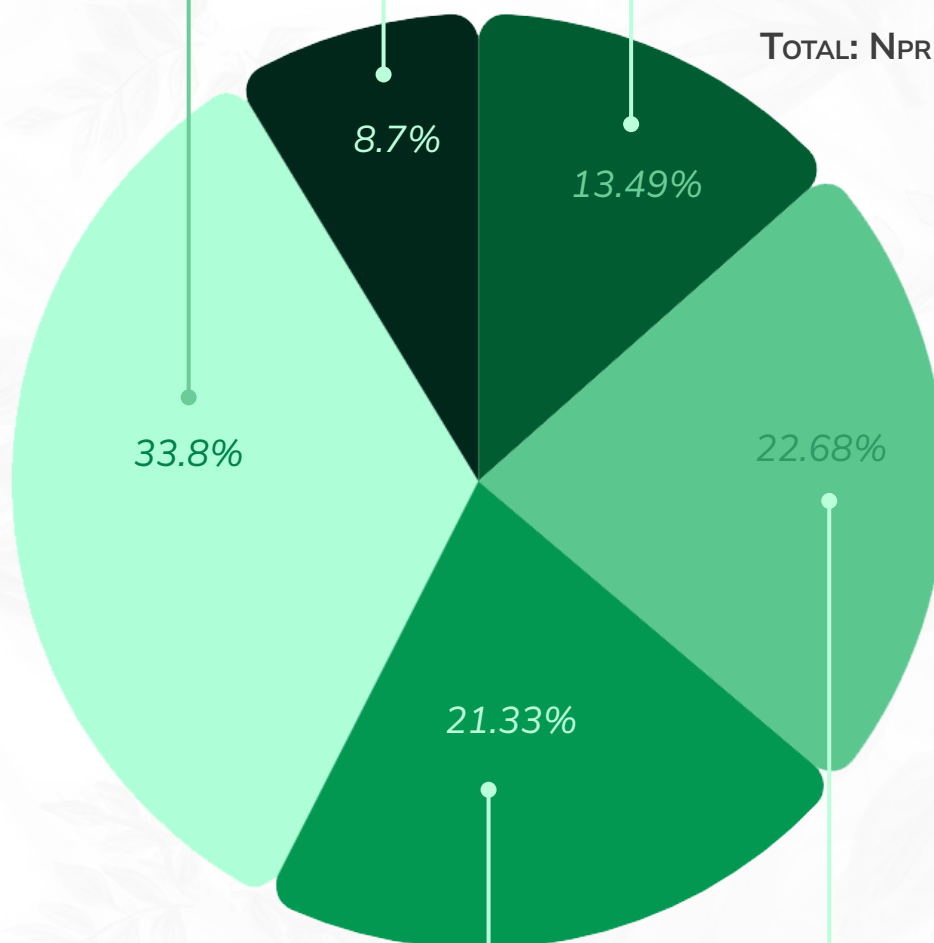
HEALTH & NUTRITION:

TOTAL: NPR 2,431,344.7

- ADMIN: NPR 0
- PROGRAM: NPR 2,431,344.7

CENTRAL ADMINISTRATION:

TOTAL: NPR 3,768,648.39



DISASTER RELIEF:

TOTAL: NPR 5,958,360.78

- ADMIN: NPR 454,489.38
- PROGRAM: NPR 5,503,871.4

COMMUNITY DEVELOPMENT:

TOTAL: NPR 6,335,820.83

- ADMIN: NPR 25,104.78
- PROGRAM: NPR 6,310,716.05



Governance

Board

Pasang Wandri Sherpa

Founder / Chairman

Tshring Dorjay Sherpa

Treasurer / Board Member

Karma Phurba Sherpa

Board Member

Tenzin Dolma Dulal

Board Member

Sangdoma Sherpa

Board Member

Members

Tendi Sherpa

Life-Time Member

Liu Jun Rong

Honorary Life-Time Member

Liu Wen Hui

Honorary Life-Time Member

Advisory Council

Khenpo Chonyi Rangdrol

Abbot, Thrangu Monastery,
Namo Buddha

Sabita Lama

Branch Manager
Nepal Investment Mega Bank, Boudha

Tenzing Sherpa

Music Producer & DJ

Prajwal Bhattarai

Academic Activist & Legal Researcher

Haatemalo Legal Consultancy Pvt. Ltd

Statutory Auditor

PRSH & Associates

Strategic Partner



Implementation Partners

100 Group Nepal

CWARDS

Children Welfare and Rural Development Services

RONB

Routine of Nepal Bandha



मदनदेउपुर नगरपालिका
काभ्रेपलाञ्चोक

Mandandeupur Municipality



Panauti Municipality



सोवरस् एक्सन
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Nepal

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